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# Words Wound: Delete Cyberbullying And Make Kindness Go Viral



## Synopsis

Cyberbullying happens every day. Harsh words and damaging photos exchanged through texts, email, or social media can result in humiliation, broken friendships, punishment at school, and even legal prosecution. In some cases, online harassment has contributed to teen suicide. Faced with this frightening problem, parents, educators, and teens are looking for information and advice. Many books have been written for adults about what cyberbullying is and what to do about it, but nothing has been written specifically for teens to help them to protect themselves and their peers. Written by the foremost experts in cyberbullying prevention and reviewed by teens, this book provides practical strategies for those who are being cyberbullied, seeing cyberbullying, or who just want to do something to help make their schools a safer and more respectful place. The book includes dozens of real-life stories from those who have experienced cyberbullying, including many who have risen above it to make a positive difference in their schools. In short, "Words Wound" helps students to be the primary agents of change to "delete cyberbullying and make kindness go viral." Are you ready to join the movement?

## Book Information

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## Customer Reviews

“This authoritative book has the potential to change behavior and influence social media interaction involving both teens and adults . . . Words Wound belongs in every library and classroom, anywhere that a bullied or bullying teen could find it easily and quickly.” VOYA (Highlighted Review) “Words Wound is the first book that has been specifically written for teens to help them confront cyberbullying. Whether they are being targeted, see cyberbullying happening to others, or want to promote kindness within their schools, this book

provides practical and proven advice on issues teens face every single day. Parents need to buy this book, read it, and share its wisdom with their children. Working together, parents and teens can be a solution to the problem of cyberbullying, and Words Wound can help guide those conversations.

•â "Dr. Michele Borba, internationally recognized parenting and bullying expert and author of 22 books including Building Moral Intelligence

•â "It's easy to think cyberbullying is out of everyone's control. This book will show teens how they can use their power and influence to stem the tide of cruelty and replace it with a culture of kindness. These authors know everything there is to know about cyberbullying, and their strategies are realistic and smart. Read this book!

•â "Rachel Simmons, author of the New York Times best seller *Odd Girl Out: The Hidden Culture of Aggression in Girls*

•â "In today's society, we need to equip our children with the knowledge and resources they need to combat the underbelly of cyberspace. Not only can this book be considered your teen's handbook to prevent cyber-cruelty, it will empower them to be cyber-mentors. Words Wound is the most important book you can purchase today!

•â "Sue Scheff, author of *Google Bomb* and *Wit's End: Advice and Resources for Saving Your Out-of-Control Teen*

•â "This powerful resource teaches students effective social networking skills and provides educators with insights to help teens manage their online reputations and lives.

•â "Patrick Mott, teen social media expert

•â "Words Wound empowers people of all ages to recognize cyberbullying and delete it from social behavior. Words Wound not only addresses the origins of bullying, but also provides effective strategies to combat it, proven through research and personal testimonies from targets of bullying. There couldn't be a more effective book when it comes to understanding, identifying, and combatting bullying in any form.

•â "Kevin Curwick, creator of @OsseoNiceThings and founder of the "Nice It Forward" movement

•â "Words Wound is written with young adults in mind, but has a tremendous amount of value for anyone who deals with teenagers . . . A great book to go through as a family.

•â "Volume One

Justin W. Patchin, Ph.D., is a professor of criminal justice in the Department of Political Science at the University of Wisconsin-Eau Claire and co-director of the Cyberbullying Research Center. He has presented at the White House and has appeared on CNN and NPR and in The New York Times to discuss issues related to teens' use and misuse of technology. Dr. Patchin is the author (with Dr. Hinduja) of *Bullying Beyond the Schoolyard*, *Cyberbullying Prevention and Response*, and *School Climate 2.0*. Sameer Hinduja, Ph.D., is a professor in the School of Criminology and Criminal Justice at Florida Atlantic University and co-director of the Cyberbullying Research Center. He is recognized internationally for his groundbreaking work on the subjects of cyberbullying and safe

social networking. He works with the U.S. Department of Education and many state departments of education to improve their policies on preventing and responding to teen technology misuse. Dr. Hinduja is the author (with Dr. Patchin) of *Bullying Beyond the Schoolyard*, *Cyberbullying Prevention and Response*, and *School Climate 2.0*.

*Words Wound* gives its readers a direct insight to a complex modern day issue faced by most teenagers--cyberbullying. The chapters thoroughly address why, how, when, and what cyberbullying is, as well as how to prevent, mitigate, and deal with all of its aspects. Since it is intended for a younger audience, there were times when I felt like the content didn't speak to me directly; however, when I would turn the next page, I would be immediately reminded about the ways cyberbullying affects every single person. Not only reading the direct quotes from teenagers made me realize this, but also seeing the way the words were communicated to a younger audience really put things into perspective because they needed to be explained simply for children to understand. This shows that cyberbullying affects teenagers and children who will not necessarily understand complex ideas, high vocabulary usage, and analytic topics, yet they are dealing with extremely difficult situations that many don't know how to handle. In beginning I would have questions or ideas regarding some of the statements, and they were quickly answered with hard facts, and real life examples. The authors found a way to give victims a voice, and turned a negative experience into something that could really make a difference. The concepts explained were very well; however, hearing the pain, fear, and journeys of the teenagers definitely set the book aside from others that aim to guide teenagers, parents, or teachers to understand cyberbullying. Overall, the book is instrumental in covering all aspects of cyberbullying, ranging from legal issues, to the positive ways to turn it around. My favorite chapter was the last one, "Make Kindness Go Viral". It revealed ways teenagers can make a difference in their communities. At first, I thought it was a bit idealistic, but after seeing the real world examples, I noticed it was definitely possible to turn something so negative around. *Words Wound* embodies the full cycle of cyberbullying, depicting the dark aspects and then showing how victims were able to heal, move on, and help others.

*Words Wound* is a great book. The layout of the book is what impresses me the most. It makes this book very enjoyable to read. With my sister being involved in cyber bullying with kids in her school the book really appealed to me. The most appealing thing about this book was the way the information was presented. By being so informative on such an important topic in a way

that's fun and educational. This book would really appeal to a high school- college demographic because it gives you information in a way that's easy to understand and very interesting. At the end of every chapter there are survey type activities that kind of wrap up previous ideas. Also the book instead of just pages and pages of information all crammed together the chapters have a mix of information, tips, personal stories and pop ups about things to think about that are brought up in the chapters. I can say this was actually an enjoyable book and very easy to understand all points presented. I would love to pass this book on to my sister because I really think she would learn a lot and enjoy this book as well.

This book is a must read for every parent and teen! Patchin and Hinduja have pulled together stories from teens across the US to help provide a step by step guide to face cyberbullying. At the end of each chapter there is a helpful status update quiz for teens to take to reflect on their own online behavior. Backed by years of research, the easy to read book offers practical advice on how to deal with a cyberbullying situation. It is also an ideal resource to help show our teens how to use social networks properly - and the impact they can have in a POSITIVE way to influence your community. I help schools with social media and have built a presentation around the content in this book to inspire kids to use technology to make a difference in this world. The authors put together a FREE leaders guide that accompanies the book. Preaching at our kids will not help, but illustrating the points based on stories from other teens really drives home our points. Don't leave this important educational area to chance, take a proactive step and grab your copy today.

The book, *Words Wound: Delete Cyberbullying and Make Kindness Go Viral* written by Justin Patchin and Sameer Hinduja, is designed perfectly with each chapter building on the preceding chapter. In addition, the book contains student passages and celebrity quotes that complement the content on the corresponding pages in each chapter. Dr. Patchin and Dr. Hinduja provide pertinent researched information and tips regarding all facets of addressing cyberbullying. Although this book is geared for teens, it would also be a valuable resource for adults such as educators, parents, law enforcement, and government officials. The book will force students to critically think and do some serious soul searching after reading about other teens' cyberbullying experiences and perspectives on this devastating worldwide phenomenon, as well as responding to the Questions to Think About and Status Updates at the conclusion of each chapter. I am looking forward to integrating the concepts presented in this book into my high school Digital Citizenship/Cyber Safety classroom, and sharing the book with my colleagues. Theresa Hrubash

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